

George Kritsotakis

Current position

I am Assistant Professor in Public Health Nursing – Social Epidemiology and Member of the Quality Assurance Board at the Nursing Department, School of Health Sciences, Hellenic Mediterranean University (HMU). I am also faculty at the MSc in Health Services Administration at the Hellenic Open University, and I provide lectures in Master courses in multiple Universities in Greece and abroad.

Academic degrees

Bachelor's degree in Nursing (TEI of Crete, 1999), Master of Arts (MA) in Health Education and Health Promotion, UCL Institute of Education, University of London (2000), and PhD, Department of Social Medicine, Medical School, University of Crete, 2009. In 2012, I attended the Harvard School of Public Health: Session for Public Health Studies. Course: Society and Health.

Academic experience

I have worked in research teams for various funded research projects, most recently as a Principal Investigator in the project 'Social Capital and other factors as predictors of health behaviour change in young adults: a 36-month cohort study'. I was also coordinating investigator, in the Life-Long-Learning Program GRUNDTVIG, 'Active ageing & Pre-retirement counseling' and in: 'Education for the Evaluation of Adult Education Staff-EDUEVAL'. I was also member of the main research team in the following funded projects: 'Epidemiologic profiling, health needs assessment and health education intervention in the rural population of Crete, Greece'; in a prevention intervention for 'Women's cardiovascular health'; in 'The transition process from youth to adulthood. A study on the young people of Crete'; in the social determinants of birth outcomes in the Mother – Child Cohort in Crete, Greece, Rhea study (www.rhea.gr), and in the LLP Leonardo, 'Formateurs de professionnels de santé en Europe: Quelles qualifications? Quelles competences?'. I am currently co-supervising two PhD theses and I have supervised more than 18 postgraduate theses.

I have presented my research results in major international conferences and has been widely invited in national conferences and seminars. I was the recipient of the award for the best oral presentation: 'Is individual-level social capital associated with patient satisfaction with cancer care? 5th Pan-Hellenic Congress for the Administration, Finance & Health Policy (Athens, 2-5/12/2009).

I have published more than 33 papers in international and national peer-reviewed journals mainly on lifestyle behavioural risk factors, health administration, social capital and health. I am a reviewer in many academic journals (Journal of Epidemiology & Community Health, American Journal of Human Biology, Social Science & Medicine, Public Health Nutrition, Aggressive Behavior, Journal of Advanced Nursing, Health Promotion International, Psychiatry and Clinical Neurosciences, Nursing & Health Sciences, Western Journal of Nursing Research).

Work experience

I have worked as a bedside nurse in multiple positions for about 7 years.

Participation in funded projects

Call: Arxemedes III

- **Principal Investigator:** 'Social Capital and other social and environmental factors as predictors of health behavior change in young adults: a 36-month cohort study' (1/5/2012 – 30/11/2015).
- **Member of the main Research Team:** 'The transition process from youth to adulthood. A study on the young people of Crete'. PI: Dr Sofia Koukouli (1/5/2012 – 30/11/2015).
- **Member of the main Research Team:** 'Epidemiologic profiling, health needs assessment and health education intervention in the rural population of Crete, Greece'. PI: Prof Z. Androulaki (1/5/2012 – 30/11/2015).

Call: Grundtvig multilateral projects

- **Principal Investigator for TEI Crete:** «Evaluation for the Professional Development of Adult Education Staff». (01-01-2014/28-02-2016). Coordinator: Università degli Studi di Milano-Bicocca.

Call: Erasmus+

- **Member of the Research Team:** ENhANCE Project (European Curriculum for Family and Community Nurses). Project coordinator ITD-CNR, Italy. No: 2017-2976_591946-EPP-1-2017-1-IT-EPPKA2-SSA - Ref. 17D027253 (2018 – 2020). PI for HMU: Dr Christos Kleisiaris. <https://www.enhance-fcn.eu>
- **Member of the main Research Team:** DEPCIP - Digitised Education of Parents for Children Protection. Project coordinator Dumlupinar University (DPU). PI for Greece: Dr Nikoleta Ratsika. No: 2019-1-TR01-KA204-077577 (2019 –).
- **Member of the main Research Team:** ISSA - Improving Solutions for Student Absenteeism. Project coordinator Dumlupinar University (DPU). PI for Greece: Dr Nikoleta Ratsika. No: 2016-1-TR01-K201-034947 (2016 – 2019). <http://issaproject.com>

Call: 'Life-Long-Learning'

- **Principal Investigator for TEI Crete:** Life-Long-Learning Program GRUNDTVIG, 'Active ageing & Pre-retirement counselling'.
- **Member of the Research Team: LLP Leonardo,** 'Formateurs de professionnels de santé en Europe: Quelles qualifications? Quelles competences?'. PI for Greece: Prof Tasos Philalithis.

Call: DG Mobility and Transport

- **Member of the Research Team:** REHABIL-AID (MOVE/C4/SUB/2011-294/SI2.628846/REHABIL-AID): a three-year project titled "Reducing the harm and the burden of injuries and human loss caused by road traffic crashes and addressing injury demands through effective interventions". PI for Greece: Prof. Johannes Chliaoutakis.

Call: Human Development (ΕΣΠΑ 2007-2013)

- **Member of the Research Team:** 'Program of prevention and early diagnosis of cardiovascular disease risk factors in women in Crete'. PI for Greece: Prof Tasos Philalithis.

Participation in international research projects

ISP - International Situations Project - <https://www.situationslab.com/the-international-situations-project>

- The International Situations Project (ISP) is a cross-cultural study examining the situations people experience and how they behave in those situations.

Multinational Gender Based Violence Consortium

- Mixed Methods Understanding of Healing and Help Seeking after Gender Based Violence. Saint Arnault, PI University of Michigan.

Brief list of academic publications

- **Kritsotakis G**, Papadakaki M, Tumwesigye R. (2019) *Clustering of risky driving behaviours and associations with seatbelt and helmet use – a descriptive cross-sectional study among young adults. Epidemiology, Biostatistics, and Public Health* 16(2), e13041-1 / e13041-11.
- Konstantinidis TI, Spinthouri M, Ramoutsaki A, Marnelou A, **Kritsotakis G**, Govina O. (2019) *Assessment of Unmet Supportive Care Needs in Haematological Cancer Survivors. Asian Pacific Journal of Cancer Prevention* 25;20(5):1487-1495.
- **Kritsotakis G**, Konstantinidis T, Androulaki Z, Rizou E, Asprogeraka E-M, Pitsouni V. (2018). *The relationship between smoking and convivial, intimate and negative coping alcohol consumption in young adults. Journal of Clinical Nursing* 27 (13-14), 2710-2718. doi: 10.1111/jocn.13889
- **Kritsotakis G**, Papanikolaou M, Androulakis E, Philalithis AE. (2017) *Associations of bullying and cyberbullying with substance use and sexual risk-taking in young adults. Journal of Nursing Scholarship* 49(4):360-370. doi: 10.1111/jnu.12299
- **Kritsotakis G**, Galanis P, Papastefanakis E, Meidani F, Philalithis AE, Kalokairinou A, Sourtzi P. (2017) *Attitudes towards people with physical or intellectual disabilities among nursing, social work and medical students. Journal of Clinical Nursing*, 26(23-24), 4951–4963. <https://doi.org/10.1111/jocn.13988>
- Koutra K, **Kritsotakis G**, Linardakis M, Ratsika N, Kokkevi A, Philalithis T. (2017). *Social Capital, Perceived Economic Affluence and Smoking During Adolescence: A Cross-Sectional Study. Substance Use & Misuse* 52(2), 240-250.

- **Kritsotakis G**, Psarrou M, Vassilaki M, Androulaki Z & Philalithis AE. (2016). *Gender differences in the prevalence and clustering of multiple health risk behaviours in young adults*. **Journal of Advanced Nursing** 72(9), 2098–2113. doi:10.1111/jan.12981
- Vassilaki M, Chatzi L, Georgiou V, Philalithis A, **Kritsotakis G**, Koutis A, Kogevinas M. (2015). *Pregestational excess weight, maternal obstetric complications and mode of delivery in the Rhea cohort in Crete*. **European Journal of Public Health** 25(4):632-7.
- **Kritsotakis G**, Chatzi L, Vasilaki M, Georgiou V, Kogevinas M, Philalithis A, Koutis A. (2015). *Social capital, tolerance of diversity and adherence to Mediterranean diet: the Mother-Child Cohort (Rhea study)*. **Public Health Nutrition** 18(7):1300-7.
- Moudatsou M, **Kritsotakis G**, Alegakis T, Koutis A, Philalithis A. (2014). *Social capital and adherence to cervical and breast cancer screening guidelines: A cross sectional study in rural Crete*. **Health & Social Care in the Community** 22(4): 395-404.
- Koutra K, **Kritsotakis G**, Orfanos Ph, Kokkevi A, Philalithis A. (2014). *Social capital and regular and binge alcohol use in adolescence: a cross sectional study in Greece*. **Drugs: Education, Prevention, and Policy** 21(4), 299-309.
- Vassilaki M, Chatzi L, Rasidaki M, Bagkeris E, **Kritsotakis G**, Roumeliotaki T, Koutis A, Philalithis A, Kogevinas M. (2014). *Caesarean deliveries in the Mother-Child (Rhea) cohort in Crete, Greece: almost as frequent as vaginal births and even more common in first-time mothers*. **Hippokratia** 18(4):298-305.
- **Kritsotakis G**, Vassilaki M, Melaki V, Georgiou V, Philalithis AE, Bitsios P, Kogevinas M, Chatzi L, Koutis A. (2013). *Social capital in pregnancy and postpartum depressive symptoms: A prospective mother-child cohort study (the Rhea study)*. **International Journal of Nursing Studies** 50(1), 63-72.
- Koutra K, Orfanos Ph, Roumeliotaki Th, Kritsotakis G, Kokkevi A, Philalithis A. (2012). *Psychometric validation of the Youth Social Capital scale in Greece*. *Research on Social Work Practice* 22(3), 333-343.
- **Kritsotakis G**, Vassilaki M, Chatzi L, Georgiou V, Philalithis A, Kogevinas M, Koutis A. (2011). *Maternal social capital and birth outcomes in the Mother-Child cohort in Crete, Greece (Rhea Study)*. **Social Science & Medicine** 73(11), 1653-60.

Full list of my published work

[Google Scholar Profile](#)

[Scopus Author Preview](#)