

## **Maria K. Psarrou**

*Special Laboratory Staff*

(Date of Birth: December 08, 1965)



### ***Current position:***

Since 2002 she has been working as a permanent and Special Laboratory Nursing Staff in the Nursing Department at the Mediterranean University (ex TEI of Crete).

### ***Academic Degrees:***

Degree in Nursing (TEI of Crete, 1989), Graduate of the Faculty of PATES SELETE. (2002) and she also has certificated as "**specialist**" of Nursing Pathology (1997).

**MSc** Degree in "*Management of Health Units*" (Hellenic Open University, 2015)

### ***Academic Experience:***

She also involved in Clinical teaching particularly in the "Laboratory Clinical Practice" of courses included in the syllabus of the Nursing Department (1989-to-date). She also gives lectures in the Master of Science program "*Advanced Clinical Practice in Health Sciences*" implemented by the Department of Nursing - HMU.

### ***Professional experience:***

She has worked as a responsible nurse at Cardiology Clinic, of the University Hospital of Heraklion - PAGNI (1989-2002).

### ***Participation in funded projects:***

- ❗ Participation in the Archimedes II program: Subproject 1 entitled: "Attitudes and perceptions of health professionals in the health facilities of Crete regarding the abuse of women" (TEI of Crete, 2005-2007).
- ❗ Participation in the Archimedes III program: Subproject 37 entitled: "Epidemiological recording of health problems, investigation of health needs and intervention of health care in the rural population of Crete" (TEI of Crete, 2012-2015).
- ❗ Participation in Archimedes III: Subproject 6 entitled: "Investigating Social Capital and Other Factors as Determinants of High Health Risk Behavior Changes in Adult Life: A 36-Month Prospective Study" (TEI of Crete, 2012-2015).
- ❗ Participation in the project "Finances for the Student Internship of TEI of Crete" subproject 1 entitled: Student Internship of TEI of Crete (2011-2013)

## A brief list of published work:

- Kritsotakis G, **Psarrou M**, Vassilaki M, Androulaki Z & Philalithis AE. (2016). *Gender differences in the prevalence and clustering of multiple health risk behaviours in young adults*. Journal of Advanced Nursing 72(9), 2098–2113. DOI:10.1111/jan.12981
- Kritsotakis G., Konstandinidis T, **Psarrou M**, Bellali T, Philalithis E.A. Gender is a Strong Predictor of Multiple Health Risk Behaviors in Young Adults: the LATO Study in Greece. 2<sup>nd</sup> International Conference on Public Health Strategies and Priorities at Vlora Faculty of Public Health, November 6-7, 2015, Albania.
- Papadopetraki K, Valtogiannis D, Pitsouni B, Klissiaris X, **Psarrou M**, Kritsotakis G. Investigation of sunburn-related factors in freshman students: the LATO study. 8th Panhellenic and 7th Pan-European Scientific & Professional Nursing Conference, Thessaloniki, 7-10 May 2015
- Kritsotakis G, Klissiaris X, Rovithis M, Rikos N, Zografakis-Sfakianakis M, **Psarrou M**, Konstantinidis TH, Androulakis Z. Recording and classification with ICPC-2 coding system of major causes of turnover at Centers of Disease. Innovative Products and Services. Applied research of TEI of Crete in the context of 'Archimedes III' operation. HERAKLION, Crete. 28-29 / 09/2015.
- Kritsotakis G., **Psarrou M**, Vassilakis M., Konstantinidis TH, Androulakis Z, Filalithis A. Prevalence and grouping of health risk behaviours in early adulthood: the LATO study. Innovative Products & Services, Applied Research of TEI of Crete in the context of Archimedes III, Conference 28 & 29 September 2015.
- Maniani X, Konstantakis M, Tzagarakis E, **Psarrou M**, Androulakis Z, Konstantinidis I Symptom Investigation in Oncology Patients During Radiotherapy »free announcement at the 42nd Panhellenic Nursing Congress 2015.
- Theodoraki A, Almyraki A, Katsaraki Aik, Symianakis A, **Psarrou M**, Linardakis M, Rovithis M, Rikos N, Study of the Prevalence of Musculoskeletal Problems in Nurses in Crete (2014) ).
- Zografakis Sfakianakis M, Kritsotakis G, Konstantinidis Th, Klissiaris H, **Psarrou M**, Rizou E, Asprogeraka E, Androulakis Z, The Seasonal Phenomenon in the Movement of Patients in Cretan Health Centers Drive Oral Communication 40th Panhellenic Nursing Conference, 14-16 / 5/2013, Athens.
- Kritsotakis G, Konstantinidis TH, Kritsotakis B, Pitsouni B, Koutra K, **Psarrou M**, Brokalakis H, Androulakis Z. (2013). Parent-adolescent communication and sexual practices in young adults: LATO STUDY. 40th Panhellenic Nursing Conference, 14-16 / 5/2013, Athens.