

PERSONAL INFORMATION**SURNAME: RIKOS****NAME: NIKOLAOS****DATE OF BIRTH: 06/19/1971****PLACE OF RESIDENCE: N. XYLOURI 36****HERAKLION CRETE**e-mail. rikosn@gmail.com &rikosn@hmu.gr**TEL. +30 2810379542****CURRENT POSITION(S)****07.2010- today****Current position**

Lecturer at School of Health Science/ Department of Nursing, Hellenic Mediterranean University, Greece

PREVIOUS POSITION(S)**05.1998 - 06.2010****Position**

Head Nurse at the University Hospital of Heraklion Crete, Greece

01.2004 - 06.2010**Position**

Laboratory Associate Nursing Department Technological Educational Institute of Crete, Greece

01.2006- 12.2016**Position**

Scientific Associate Faculty of Medicine Laboratory of the Clinic of Social & Family Medicine and Health Planning Unit, University of Crete, Greece

EDUCATION**02.2010 - 07.2018**

PhD. of the School of Medicine of the University of Crete, Greece on the subject: "The evaluation of the information of nursing handovers in a hospital in Greece"

10.2005 - 07.2007

Postgraduate degree. "Public Health and Health Care Management" (MPH), Department of Medicine of the School of Health Sciences of the University of Crete, Greece

02.1991- 10.1995

Bachelor Degree. Nurse, Department of Nursing, School of Social Health and Welfare Services, Technological Educational Institute of Crete, Greece

PUBLICATIONS

- Nikos Rikos, Georgia-Konstantina Giannadaki, Andromachi Spontidaki, Marilena Tzagkaraki, Manolis Linardakis Health status, anxiety, depression and quality of life of patients with thalassemia *J Public Health (Berl.)* Accepted Feb. 2020
- Rikos N, Linardakis M, Rovithis M, Philalithis A. **Features of recording practices and communication during nursing handover: a cluster analysis.** Rev Esc Enferm USP. 2018;52: e03401. DOI: <http://dx.doi.org/10.1590/S1980-220X2018006203401>
- Nikos Rikos, Manolis Linardakis, Charalampos Economou, Michael Rovithis & Anastas Philalithis (2019): **The nurses' own views about the inter-shift handover process**, Contemporary Nurse, DOI: 10.1080/10376178.2019.1606723
- Rikos, N., Linardakis, M., Merkouris, A., Rovithis, M., & Philalithis, A. (2019). Exploration of the experiences, opinions and attitudes of nurses on inter-shift handover procedures. *Archives of Hellenic Medicine/Arheia Ellenikes Iatrikes*, 36(4).
- Rovithis, M. Linardakis, N. Rikos, A. Merkouris, E. Patiraki, A. Philalithis (2017). *Role conflict and ambiguity among physicians and nurses in the public health care sector in Crete.* ARCHIVES OF HELLENIC MEDICINE, 34(5): 648-655.
- Deligianni, A., Kyriakidou, M., Kaba, E., Kelesi, M., Rovithis, M., Fasoi, G., Rikos, N., & Stavropoulou, A. (2016). "Empathy Equals Match": The Meaning of Empathy as It Is Perceived by Greek Nurse Students- A Qualitative Study. *Global Journal of Health Science*, 9(1), 171.
- N. Rikos, A. Philalithis (2017) **Nursing handover as a factor in the quality assurance of health services.** *Archives of Hellenic Medicine* 2017, 34(5):583–591.
- Ilias Moustakis, Matthew Filippas, Michael Rovithis, Nikolaos Rikos (2016). **Qualitative Study to Investigate the Process of Nursing Documentation Regarding the Transfer or Omission of Information in an Intensive Care Unit.** *Hellenic journal of nursing*, 55(3): 263–272
- Rovithis, M., Linardakis, M., Rikos, N., Merkouris, A., Patiraki, E., & Philalithis, A. (2016). Organizational Culture among Nurses Working in the Public Health Sector on the Island of Crete-Greece. *Health Science Journal*, 10(2): 1- 11.
- Rovithis, M., Stavropoulou, A., Katsigaraki, N., Sotiropoulos, M., Sfigkaki, D., Linardakis, M., & Rikos, N. (2015). Evaluation of Intuition Levels in Nursing Staff. *Health Science Journal*, 9(3): 1-7.
- Peleki, T., Resmpitha, Z., Mavraki, A., Linardaki, M., Rikos, N., & Rovithis, M. (2015). Assessment of Patients and Nurses? Opinions on the Bidirectional Communication During Hospitalization: A Descriptive Study. *Health Science Journal*, 9, (3): 1-7.
- Nikolaos Katzilakis*, Michalis Michalakis, John Vlachakis, John Arbiros, Efrosyni Vassilaki, John Germanakis, Emmanuel Velivassakis, Nikolaos Rikos, Anna Maria Spanaki and George Briassouli (2009). Multiple injuries in vital organs in a child from a gunshot: a case report. *Cases Journal*, 2:6340doi:10.4076/1757-1626-2-6340
- Heliadis, A.M. Spanaki, K. Katsanoulas, J. Andrianou, E. Barbounakis, N. Rikos, J. Papadatos. *Patient with Fulminant Hepatic failure – Wilson Disease.* *Journal of Pediatric Critical Care Medicine* Volume 4, Number 3 July 2003 (*Conference Abstract*)
- Έι. Konstandopoulou, M. Lymperidou, I. Grammatikopoulos, M. Rovithis, M. Linardakis, D. Pandis, N. Rikos (2017) Recording and investigate of quality of life of adult patients with epilepsy *Archives of Hellenic Medicine*
- N. Rikos, The evidence based practice in daily nursing care *Rostrum of Asclepius* 2017, 16 (1)
- N. Rikos, P. Perdikaris, Aik. Almyraki, Ar. Theodoraki, Aik. Katsaraki, M. Linardakis, M. Rovithis (2015). The frequency of musculoskeletal disorders of register nurses who work in the hospitals of Chania and Heraklion Crete *NOSILEYTIKI*, 54(4): 375-388
- N. Rikos. The concept of quality in health services *Rostrum of Asclepius* 2015, 14, (4)

- Aik. Moustaka, If. Anogianaki, F. Sarri, N. Rikos, M. Rovithis (2014). Knowledge and Attitudes of Nursing Students TEI on Sexually Transmitted Diseases in relation to semesters of studies NOSILEYTIKI,53,(4)
- N. Rikos, H.A. Grammatikopoulos (2009). Surgical Site Infection: A Factor in Increased Mortality and Length of Stay in Hospital NOSILEFTIKI, 48(1): 114-120
- N. Rikos, M. Fourmouzi, I. A. Grammatikopoulos (2009). Risk factors for development of surgical site infections (SSIs) in a tertiary hospital in Greece Archives of Hellenic Medicine,26(3): 390-400

Scientific Research Monographs (2)

Rikos N., Ghikas A. Surveillance of hospital surgical site infections in a Tertiary General Hospital in Greece. Pages 88. It is located in the library of the University of Crete as well as on its website (www.med.uoc.gr)

Rikos N. "The evaluation of the information of nursing handovers in a hospital in Greece" Pages 127. It is located in the library of the University of Crete as well as on its website (www.med.uoc.gr) and at the <https://elocus.lib.uoc.gr/dlib/4/7/8/metadata-dlib-1535978706-767643-19372.tkl>. And <https://www.didaktorika.gr/eadd/handle/10442/43716>

Book Editor

Medical- Surgical Nursing, Preparation for practice, Volume 1, Osborn – Wraa -Watson, Broken Hill Publishers Ltd, ISBN 978-960-489-172-6

Medical- Surgical Nursing, Preparation for practice, Volume 2, Osborn – Wraa -Watson, Broken Hill Publishers Ltd, ISBN 978-960-489-172-6

Emergency Nursing - ICU Nursing Interventions and Cooperative Treatment M.S. Baird, J.H. Keen, P.L. Swearingen BETA PUBLICATIONS ISBN: 978-960-452-098-5

Evidence Based Nursing, a guide to clinical practice DiCenso A, Guyatt G, Ciliska D, Broken Hill Publishers Ltd, ISBN 9789963716999

Emergency Nursing, C. Marvaki, A. Kotanidou, D. Papageorgiou, A. Kalogianni PUBLICATIONS OF KONSTANTARAS IOANNIS

Clinical Critical Care Medicine Albert Richard, Spiro Stephen, Jett James Broken Hill Publishers Ltd, ISBN 96039999683

CONFERENCES/WORKSHOPS/etc.

INTERNATIONAL

- 4th PNAE Congress on Paediatric Nursing. 1-2 June 2018. Athens.
- 52nd Annual Meeting of the Association for European Paediatric and Congenital Cardiology Athens Greece May 9-12, 2018
- International Conference and CNR: Global Citizen, Global Nursing.19-23 June 2015. Seoul, Republic of Korea. Poster.
- 16th ESPNIC Medical and Nursing annual congress 15-17/9/2005, Antwerp, Belgium.

NATIONAL

- 12th National Conference of Public Health and Health Services. Athens 19-21 March 2018
- 10th National - 9th European Scientific and Professional Conference. Hellenic Regulatory Body of Nurses. Heraklion 27-30 April 2017
- 6th National Congress of the Forum of Public Health and Social Medicine. Athens 31 October & 1 November 2016

- 8th National - 7th European Scientific and Professional Conference. Hellenic Regulatory Body of Nurses. 7-10 May 2015
- 42th National Nursing Congress. Alexandroupolis 13-15 May 2015
- 10th National Conference on Management and Economics and Health Policies. Athens 18-20 December 2014
- 41th National Nursing Congress. Crete 4-7 May 2014
- 4th National Congress of the Forum of Public Health and Social Medicine. Athens 22-24 November 2013
- 6th National - 5th European Scientific and Professional Conference. Hellenic Regulatory Body of Nurses. Leucada 23-26 May 2013
- 3th National Congress of the Forum of Public Health and Social Medicine. Athens 30 November & 2 December 2012
- 38th National Nursing Congress. Hios 10-13 May 2011
- 4th National - 3th European Scientific and Professional Conference. Hellenic Regulatory Body of Nurses. Athens 9-12 March 2011
- 47th National Pediatric Congress. Chania 19-21 June 2009
- 5th National Conference on Management and Economics and Health Policies. 2-5 December 2009
- 4th National Conference on Management and Economics and Health Policies. 3-6 December 2008
- 20th National Congress of General Medicine. Helia 30 April & 4 May 2008
- 3th National Conference on Management and Economics and Health Policies. 12-15 December 2007
- 11th National Congress of Intensive Care. Athens 1-4 November 2007
- 10th National Congress of Intensive Care. Athens 14-16 October 2005

TEACHING ACTIVITIES *(if applicable)*

2010 - today Lecturer – Surgical Nursing- Emergency Nursing- Intensive Nursing- Maternity Nursing- Pediatric Nursing- Clinical Patients Assessment, Hellenic Mediterranean University, Greece

SUPERVISION OF GRADUATE STUDENTS AND POSTDOCTORAL FELLOWS *(if applicable)*

2010 - today Number of Graduate Diploma Thesis >72 School of Health Science/ Nursing Department/ Hellenic Mediterranean University, Greece

Number of Master Thesis >9 University of Crete- University of Athens, Greece

Greek law does not allow lecturers to devise doctoral dissertations