

Dr. Charalambaki - Androulaki Zacharenia
Professor of Nursing

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ACADEMIC APPOINTMENTS

Duration 2009-Present
Professor of Nursing

Duration 2006-2009
Associate Professor of Nursing, Technological Educational Institute of Crete [now HMU]

Duration 2002-2006
Assistant Professor of Nursing, Technological Educational Institute of Crete [now HMU]

Duration 1994-2002
Lecturer of Nursing, Technological Educational Institute of Crete [now HMU]

**EDUCATIONAL
MANAGEMENT RELATED
ACTIVITIES**

Duration 2015-2016
Director, of the School of Health Welfare, Technological Educational Institute of Crete

Duration 2011-2014
Chief of the Department of Nursing, Technological Educational Institute of Crete

Duration	2007-2011 Director , of the School of Health Welfare, Technological Educational Institute of Crete
Duration	2000 – 2006 Chief of the Department of Nursing, Technological Educational Institute of Crete
PROFESSIONAL ACTIVITY	
Duration	1981-1994 Health Visitor in Mother and Child Protection Center of IKA (Athens, Heraklion)
Duration	1978-1981 Nurse in the General State Hospital of Athens
UNIVERSITY DEGREES	
PhD	PhD, Nursing Department of the University of Athens, 1997 Also, annual pre-doctoral graduate program of the Division of Nursing at the University of Athens in Methodology of Research
Undergraduate degrees	BSc in Nursing, Department of Nursing, University of Athens, 1988
PUBLICATIONS	
Publications in Peer-Reviewed International Scientific Journals	Kritsotakis G, Psarrou M, Vassilaki M, Androulaki Z , Philalithis AE. (2016). Gender differences in the prevalence and clustering of multiple health risk behaviours in young adults. Journal of Advanced Nursing 00(0), 000–000. doi: 10.1111/jan.12981 Patelarou AE, Kleisiaris CF, Androulakis E., Tsirakos DK, Kritsotakis G, Konstantinidis T, Androulaki Z . Use of primary healthcare services in Southern Greece during a period of economic crisis <i>Archives of Hellenic Medicine (accepted for publication)</i> Patelarou E, Stamou A, Katsouli K, Patelarou A, Androulaki Z . The implementation of evidence based practice among mental health nurses (<i>submitted to Mental Health Nursing- under revision</i>)

Patelarou AE, Ialiothis A, Sifaki Pistola D, Marinaki S, **Androulaki Z**, Brokalaki H. Do we really collaborate effectively in the operating theatre? A cross-sectional study in two national healthcare hospitals in Greece. **International Journal of Advanced Nursing Studies** 3 (2) (2014) 113-121.

Patelarou E, Girvalaki C, Brokalaki H, Patelarou A, **Androulaki Z**, Vardavas C. Current evidence on the association between breastfeeding, infant formula and cow's milk introduction with type 1 diabetes mellitus: A systematic review. **Nutrition Reviews** 2012; 70 (9):509-519.

Zidianakis Z, **Androulaki Z**, Tsirakos D, Androulakis M, Rovithis M, Kritsotakis G. 2009. A Comparative Analysis of the Treatment of victims of domestic violence by Health Professionals in primary and in secondary health care units in Crete, Greece. **Health Science Journal**, 3(2).

Androulaki-Charalampaki Z, Rovithis M, Tsirakos D, Merkouris A, Sedianakis Z, Kakavelakis K, Androulakis E, Psarou M. 2008. The phenomenon of woman abuse: Attitudes and perceptions of health professionals working in health care centers in the prefecture of Lassithi Crete, Greece. **Health Science Journal** Volume 2, Issue 1 .

Hatzakis KD, Kritsotakis EI, Karadimitri S, Sikioti T, **Androulaki-Charalampaki Z**. 2008. Community Cardiopulmonary Resuscitation Training in Greece. **Research in Nursing & Health** 31(2):165-71

Hatzakis KD, Kritsotakis EI, Angelaki H, Tzanoudaki IK, **Androulaki-Charalampaki Z**. 2005. First aid Knowledge among industry workers in Greece. **Industrial Health**, 43(2), 327-332.

Androulaki - Charalampaki Z. Prognostic factors for patients operated on hip fractures. 2005. **ICUS NURS WEB J** 21. www.nursing.gr.

Androulaki - Charalampaki Z, Merkouris A, Tsouras, Androulakis M. 2005. Knowledge and attitude towards voluntary blood donation among a sample of students in TEI of Crete, Greece. **ICUS NURS WEB J** 23. www.nursing.gr.

Lyrithis GP, Androulakis C, Magiasis B, **Charalampaki – Androulaki Z**, Tsiakalacos N. 1994. Effect of nandrolone decanoate and 1- α -hydroxy – calciferol on patients with vertebral osteoporotic collapse. A double blind clinical trial. **Bone and Mineral**. 27(3), 209-217.

Vardavas K, Patelarou E, Chochlidaki M, Symvoulakis E, **Androulaki Z**, Lionis C. 2009. Evaluation of anti-smoking advertisements from Greek Youth Population. **Nosileftiki**. 48(3):188-195. www.hjn.gr

Androulaki-Charalampaki Z, Merkouris A., Zidianakis A, Tsirakos D.,

Kakavelakis K, Androulakis E., 2007. Attitudes and perceptions of nursing staff towards the abuse of women. **Nosileutiki**. 46(4):545-553.

Androulaki-Charalambaki Z, Roukis M, Eirinakis N, Staouroulakis G., Sfakiwtaki K. 2005. Obesity in school children. **Asclepios** 4(1): 44-46.

Kakavelakis K, Papadokostakis G, **Androulaki-Charalambaki Z**, Tzermiadianos M, Hatzipaulou A. 2005. Assessment of quality of life of patients with osteoporotic vertebral fractures. Validity and reliability of the QUALEFFO questionnaire. **Ostoun** 16(1), 57 -58.

Androulaki – Charalampaki Z, Tsirakos D, Androulakis M, Magouli E., Daskakaki N. 2005. Research in the transfection tuberculosis marker in the TEI students of Crete. **Nosileftiki** 44 ,(4) 83-489.

Hatzakis K, Kritsotakis E, Angelaki H, Tzanudaki I, **Androulaki-Charalampaki Z**. 2004. First aid knowledge among workers in the industrial sector. **Nosileftiki** 43(2), 208-214.

Androulaki-Charalampaki Z, Kornelakis E, Koutentakis K 2003. At home nursing attendance of the chronically ill elderly. **Nosileftiki** 42(3), 364-373.

Androulaki-Charalambaki Z. 1999. Long-term outcomes of surgical hip fracture patients. **Nosileftiki** 38(1), 68-73.

Androulaki-Charalampaki Z. 1999. Prognostic Factors of operated hip fracture. **Ostoun** 10(1) (1) 23-29.

The above publications have more than 85 citations in ISI, Scopus and Google Scholar

RESEARCH EXPERIENCE / ACTIVITIES

1. Participation in the Program EPEAEK 3.1 a «Reforming the nursing curriculum»
2. Participation in the Program EPEAEK «Student Internship»
3. **Scientific coordinator** in the program EPEAEK II "Reforming the undergraduate curriculum"
4. **Principal Investigator** in the Program <Archimedes II> 2005-2007, on <<Attitudes and perceptions of health professions in health care units of Crete against the abuse of women>>
5. Participation in the program <<Archimedes II>>, 2005-2007 in the main team, on <<Study of the prevalence of asthma and its relationship to mental disorders in young people of Thessaly, and its outcome in a subpopulation>>

6. Participation in the program <<Archimedes II>>, 2005-2007 in the main team with subject <<Fatigue syndrome career-BURNOUT in health professionals>>
7. Research Reviewer for the proposal announcement "Archimedes II"
8. **Chair**, sector of Health & Social Care, Centre for Technological Research, TEI of Crete.
9. Participation in the program "Archimedes I" 2004 - 2006, in the main research team on "Violence against women and social support structures in Crete".
10. Participation in the program "Archimedes I" 2004 - 2006, in the main research team on 'Lifestyle, Risk driving behavior and traffic incidents'.
11. Principal Investigator: 'Epidemiologic profiling, health needs assessment and health education intervention in the rural population of Crete, Greece'. (1/05/2012 - 30/04/2015). "Archimedes III"
12. Member of the main research team on: Holding conversations on the cellphone while driving and its effect on driving behaviour. Principal Investigator: Dr. Ioannis Chliaoutakis, Department of Social Work, TEI of Crete. (1/04/2012 - 31/10/2014). "Archimedes III"
13. Member of the main research team on : 'Social Capital and other social and environmental factors as predictors of health behaviour change in young adults: a 36 month cohort study'. Principal Investigator: Dr Girogos Kritsotakis, Lecturer, Department of Nursing, TEI of Crete. (1/05/2012 - 30/04/2015). "Archimedes III"
14. Member of the main research team on: "REducing the HArm and the Burden of Injuries and human Loss caused by road traffic crashes and Addressing Injury Demands through effective interventions" (REHABIL-AID) Principal Investigator: Dr. Ioannis Chliaoutakis, Department of Social Work, TEI of Crete. (23/08/2012 – 22/08/2015).