



Maria E. Bastaki
Assistant Professor

Current position:

Since 2020, she is serving as an *Assistant Professor in Clinical Nursing* at the Nursing Department at the Hellenic Mediterranean University (HMU).

Academic degree:

Degree in "**Nursing**" (Faculty of Nursing, School of Health Sciences, University of Athens, 2004), **Master of Science (MSc)** with reference to "*Healthcare Management*" (Faculty of Nursing, School of Health Sciences, University of Athens, 2007), and **PhD degree** in the field of Perioperative Nursing (Faculty of Nursing, School of Health Sciences, University of Athens, 2013).

Academic experience:

Her academic experience started in 2010 in the **Department of Nursing of Technological Institute of Athens** (2010-2012) where she was appointed as a clinical tutor in the field of "Surgical Nursing", "Medical Nursing" and "Community Nursing". Since 2020, as an Assistant Professor she has contributed in teaching modules such as "Anaesthesiology Nursing", "Perioperative Nursing", "Surgical Nursing", "Medical Nursing" and "Physiology" (2020- to date) at the **Nursing Department of the HMU**. In addition, she is the module leader for "Specific Issues in Clinical Practice I" in the **MSc** Program entitled: "**Advanced Clinical Practices in Health Sciences**" (Nursing Department of the HMU, Greece, 2021- 2022).

Occupational experience:

She has fourteen-year occupational experience as a clinical nurse in the public sector. She served as a registered nurse in the Urology Department of the General Hospital of Athens "Sismanoglio" (2006-2007) and later for almost thirteen years in the Anaesthesiology Department of the University Hospital of Athens "Areteion", the General Hospital of Athens "Polikliniki", the General Hospital of Nikaia and the General Hospital of Heraklion "Venizelio" (2007-2020).

Participation in funding projects:

Title: "Providing a teaching and learning open and Innovative Toolkit for Evidence-based Practice to Nursing European Curricilum. Funding: Erasmus+, European Commission.

A brief list of recent publications:

Bastaki M, Douzinas EE, Fotis TG, Bakos DS, Mitsos AP, Argyra E, Konstantinou MI, Soultati AS, Kapritsou M, Katostaras T, Konstantinou EA. Anesthesia Provided for Colonoscopy by University Degree Anesthesia Nurses in Greece. Safety and Efficacy. Gastroenterol Nurs. 2013 May/June;36(3):223-230.

Konstantinou E, Fotis Th., Mitsos A., Nomikou I., Mamoura K., Karavasopoulou A., **Bastaki M.**, Mariolis-Sapsakos T, Zarmakoupis K. Incidental catheterization of a radical arterial branch during vascular canulation. A Case Report. J Vasc Nurs. 2009; 27(4):107-8.

T. Fotis, E. Konstantinou, A. Mitsos, E. Lambrinou, **M. Bastaki**, T. Perdikides, E. Argiras. Regional anaesthesia is the anaesthetic key point in endovascular aneurysm repair: a comparison between general and regional anaesthesia. Reg Anesth Pain Med. 2008; 33 (1): 263.

Kapritsou M., Katsoulas Th., **Bastaki M.**, Kiekkas P., Stafylarakis E., Konstantinou AE. Implementation of Tunneled versus not Tunneled Peripherally Inserted Central Catheters. J Vasc Nurs. 2019; 37 (2): 132- 134.

Katsoulas Th., Kapritsou M., Alexandrou E., **Bastaki M.**, Giannakopoulou M, Kiekkas P., Stafylarakis E., Konstantinou AE. A comparison of two venous puncture sites for peripherally inserted central catheter (PICC) port implementation. Journal of infusion Nursing 2019; 42 (6): 283- 287.

Katsoulas Th., Kapritsou M., Alexandrou E., **Bastaki M.**, Giannakopoulou M, Kiekkas P., Stafylarakis E., Konstantinou AE. Peripherally inserted central catheter ports: A vascular access specialist's systematic approach. J Vasc Nurs. 2019; 37 (2): 113- 116.

Kapritsou M., Korkolis DP, Giannakopoulou M., Katsoulas Th., **Bastaki M.**, Konstantinou AE. Factors affecting stress levels in hospitalized patients after implementation of fast-track protocol in hepatopancreatobiliary surgery. Asia-Pacific Journal of Oncology Nursing, 2019; 7 (1).

Bastaki M., Kapritsou M., Katsoulas Th., Giannakopoulou M. Evaluation of Anesthesia depth through Bispectral Index Monitor. Nursing Care and Research, 2019; 53 (1):64-77.
