

Michail Zografakis Sfakianakis

RN, MSc, PhD, Assistant Professor

Year of Birth: 1974

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Current position:

Since 2020, he is serving as an Assistant Professor at the Nursing Department at the Hellenic Mediterranean University (HMU) [ex TEI of Crete]. His scientific field is "Critical ill patients' nursing assessment".

Academic degree:

Bachelor Degree in "**Nursing**" (National and Kapodistrian University of Athens, 1997),

MSc in the field of "Health Services Management" (National and Kapodistrian University of Athens, 2001) and

PhD degree in the field of "Outcome of severe adverse events among critically ill patients using early warning systems" (School of Medicine, University of Crete, 2018).

Academic experience:

He is teaching at undergraduate level courses included in the syllabus of Nursing Department (HMU) such as "Physiology I", "Basic Principles in Pharmacology for Nurses", "Clinical Nursing Assessment", "Coronary Care Nursing" "Intensive Care Nursing". He is also giving lectures in a Master of Science (MSc) Program in "**Advanced Clinical Practice in Health Sciences**". In particular, relevant lectures to "Early Warning Systems in critical ill ward patients", "Post-operative pain management", "Patients' treatment adherence", "ECG recognition and patients' monitoring" and "Pressure ulcer management" are offered and implemented by the Nursing Department of Hellenic Mediterranean University (HMU). Furthermore, he has successfully supervised seven MSc thesis. He is also supervising two PhD candidates. Nowadays, he is coordinating the Erasmus program of the Department of Nursing (2015-today) in a framework of students and teacher's mobility. Currently, he is a member of the national (Ministry of Health) examination committee of the "Emergency and Intensive Care" nursing specialty program. Also, he is elected as a vice president of the "Emergency and Intensive Nursing Care" committee, a part of the National Greek Nursing Association.

Occupational experience:

He has worked as a nurse in the Coronary Care Unit at "*Euroclinic of Athens*" (1998-1999). He also worked as a Head Nurse at General Clinic "*Saint George*" (Heraklion, 2001-2005) and, as a nurse in the Anesthesiology dpt. at the "*University Hospital of Heraklion*" (2006-

2008). In addition, he has worked as a nurse in a medical & surgical office (one-day clinic) for a season time (2006).

Participation in funding EU projects:

- He has participated in the research team of the funded research project “Epidemiologic profiling, health needs assessment and health education intervention in the rural population of Crete, Greece”, (Arximedes III, National Foundation Research Program, 2012) that was implemented by the Nursing Department of Technological Institute of Crete, Greece.
- He has also participated in the research team of the research project “Social capital and other sociodemographic and environmental factors that predict health behaviors change young adults: A 36-month cohort study” (Arximedes III, National Foundation Research Program, 2012) that was also implemented by the Nursing Department of Technological Institute of Crete, Greece.
- He has participated in the research team of the “Pre-retirement Counselling: A shortcut to Active Ageing” from a five countries partnership under the EU LLP Grundtvig Programme (2012).
- Currently, he is participating in the following: A) the COST Action CA19132 ENABLE (WG1) funded by the EU Horizon 2020 Framework and B) the project WITEA-ID (Weeks of International Teaching – Inclusive and Digital) funded by the Erasmus+ Programme of the E.C.

A brief list of recent publications:

1. Argyriadis A., Asimakopoulou E., Patelarou E., Andriopoulos I., Patelarou A., Paoullis P., Zografakis-Sfakianakis M., Argyriadi A. Translation and validation in Greek of the Central Vancouver Island Multicultural Society Cultural Competence Self-Assessment Checklist for health professionals. *Population Medicine*, 2022; 4:16.
2. Dafogianni, C., Mangoulia, P., Pappa, D., Xanthopoulou, P., Koutelekos, I., Zografakis Sfakianakis, M., Ferentinou, E., Fountouki, A., Drakopoulou, M., Giga, A., et al. COVID-19 Vaccination Intention Associated with Behaviors towards Protection and Perceptions Regarding the Pandemic. *Journal of Personalized Medicine*, 2022; 12: 295. <https://doi.org/10.3390/jpm12020295>
3. Stamelos, T.F., Kalligiannaki, M., Zografakis, M., Bastaki, M., Patelarou, A. The value of simulation in nursing education – a systematic review (Meeting Abstracts). *Signal Vitae*, 2021; 17(5), 158-164.
4. Patelarou A., Mechili EA., Galanis P., Zografakis-Sfakianakis M., Konstantinidis T., Saliag A., Bucaj J., Alushi E., Carmona-Torres JM., Cobo-Cuenca AI., Laredo-Aguilera JA., Patelarou E. Nursing students, mental health status during COVID-19 quarantine: evidence from three European countries. *Journal of Mental Health*, 2021; 28:1-6.
5. Spanakis M., Roubedaki M., Tzanakis I., Zografakis-Sfakianakis M., Patelarou E., Patelarou A. Impact of Adverse Drug Reactions in Patients with End Stage Renal Disease in Greece. *International Journal of Environmental Research Public Health*, 2020; 17(23):9101.
6. Patelarou A., Konstantinidis T., Kartsoni E., Mechili E., Galanis P., Zografakis-Sfakianakis M., Patelarou E. Development and Validation of a Questionnaire to Measure Knowledge

- of and Attitude toward COVID-19 among Nursing Students in Greece. *Nursing Reports*, 2020; 10(2):82-94.
7. Zografakis–Sfakianakis M., De Bree E., Linardakis M., Messaritaki A., Askitopoulou H., Papaioannou A., Aggouridakis P. The value of the Modified Early Warning Score for unplanned Intensive Care Unit admissions of patients treated in hospital general wards. *International Journal Nursing Practice*, 2018; 24(3):e12632.
 8. Zografakis–Sfakianakis M., Karteraki M., Kataki P., Christaki O., Sorrou E., Chatzikou V., Melidoniotis E. Effect of music therapy intervention in acute postoperative pain among obese patients. *International Journal of Caring Sciences*, 2017; 10(2):937-945.

Journal Reviewer:

“Nursing Reports”, “International Journal Environmental Research Public Health”, “Signal Vitae”, “Hellenic Journal of Nursing Science”.

Full list of my published work ([Google Profile](#)) and([Scopus Profile](#))