| SCHOOL             | SCHOOL OF HEALTH SCIENCES           |          |     |
|--------------------|-------------------------------------|----------|-----|
| DEPARTMENT         | NURSING DEPARTMENT                  |          |     |
| LEVEL OF EDUCATION | UNDERGRADUATE – (bachelor's degree) |          |     |
| LESSON CODE        | 0805.2.002.0                        | SEMESTER | 2nd |
| LESSON TITLE       | COMMUNITY NURSING, I                |          |     |

| SELF-ENDED TEACHING ACTIVITIES |  | TEACHING HOURS/WEEK | CREDITS |
|--------------------------------|--|---------------------|---------|
| Theory                         |  | 3                   |         |
| Tutoring                       |  | 3                   |         |
| Practical Workshop             |  |                     |         |
| Clinical Placement             |  |                     |         |
|                                | Total                                  | 6                   | 6       |
| COURSE TYPE:                   | COMPULSORY                             |                     |         |
| PREREQUISITE COURSES           |  | No                  |         |
| LANGUAGE (S) OF INSTRUCTION/   |  | Greek               |         |
| EXAMINATION                    |  |                     |         |
| THE COURSE IS OFFERED TO       | THE COURSE IS OFFERED TO               |                     |         |
| ERASMUS STUDENTS               |  |                     |         |
| ELECTRONIC COURSE PAGE         | https://eclass.hmu.gr/courses/NURS185/ |                     |         |

## **Learning Results**

The purpose of the course is to introduce nursing students to the development of skills and attitudes to actively participate in: a) health promotion, health protection & health prevention and of the population living in a community within the framework of Public Health (PH), b) to provide quality and effective nursing care across the spectrum of Primary Health Care (PHC) services in the Community.

## Upon successful completion of the course students will be able to:

- define the meaning and purposes of community nursing and related concepts such as community.
- recognize and assess the political, social, and economic determinants of health in order to design
  interventions that will ensure the protection and promotion of health and the prevention of
  disease.
- provide health care services (prevention and health promotion, diagnosis, treatment, support and rehabilitation) to the individual, the family and the community, with the aim of improving the health and quality of life of individuals and different populations.
- promote the health of the population under their responsibility, in any context (Health Center, schools, workplaces, public health services, home, etc.).
- actively participate in the coordination and continuity of care and help ensure access to health services.
  - Examine the differences between outpatient care and community-oriented nursing.
- understand intervention processes at each level of application (individual, family, group, society).
- know what vaccines are and what the national vaccination program includes.
- know the basic principles of planning and evaluating health programs.

#### **General Skills**

Adaptation to new situations, Decision making, Autonomous work, Teamwork, Work in an interdisciplinary environment, Respect for diversity and multiculturalism, Demonstrating social, professional and ethical responsibility and sensitivity to gender issues.

| Course Content – Theory Outline |  |  |
|---------------------------------|--|--|
| 1 <sup>st</sup> Week            | Analysis of concepts such as community, community nursing, public health and the       |  |
|                                 | objectives of Community Nursing  |  |
| 2 <sup>nd</sup> Week            | Outpatient Care / Community Nursing Differences - Applying Community Nursing Theory to |  |
|                                 | Practice   |  |
| 3 <sup>rd</sup> Week            | Health System, Primary Care Facilities, Health Centers and health care services in the |  |
|                                 | community  |  |
| 4 <sup>th</sup> Week            | Historical context of Community Nursing in Greece and Internationally                  |  |
| 5 <sup>th</sup> Week            | Assessing a community and how nursing processes are implemented - nursing diagnoses in |  |
|                                 | community contexts   |  |
| 6 <sup>th</sup> Week            | Primary, secondary and tertiary prevention   |  |
| 7 <sup>th</sup> Week            | Health planning - nursing care in the Community  |  |
| 8 <sup>th</sup> Week            | Evaluation and assessment of community interventions                                   |  |
| 9 <sup>th</sup> Week            | Basic principles of community health program design                                    |  |
| 10 <sup>th</sup> Week           | Community needs assessment tools   |  |
| 11 <sup>th</sup> Week           | Program design models PATCH-APEXPH-MAPP  |  |
| 12 <sup>th</sup> Week           | Basic principles of immunity and immunoprophylaxis, natural, acquired, and collective  |  |
|                                 | immunity   |  |
| 13 <sup>th</sup> Week           | Current Immunization Trends - National Immunization Schedule                           |  |
|                                 |  |  |

# TEACHING and LEARNING METHODS – EVALUATION **PROVIDING COURSE** Lectures **METHODS** Interactive presentation with exercises and group work (Seminars) • Screening of some films / documentaries and reflective discussion Student-led learning **USE OF INFORMATION AND** Electronic slide show. View video in digital format. Use of the e-class **COMMUNICATION** electronic platform to store presentations in digital format for easy **TECHNOLOGIES (ICTs)** access by students. Simultaneously with the use of the same platform, frequent communication with students for actions related to the educational process. **TEACHING ORGANIZATION Activity Semester Workload 180** Lectures (total 13x3) Tutorial (total 13x3) **Course Total (13x6)= 78 STUDENT EVALUATION** Theory: 100% by written final exam Tutoring: Presentations during the semester. The final grade of the course is calculated by 70% from the **theory** and by 30% from the tutoring.

# **RECOMMENDED BIBLIOGRAPHY**

- Community Nursing-Introduction to health care in the community, Publication:1/2020, Author: Rector Cherie, ISBN:9789925563418
- Applied Community Nursing, Publication: 2011, Author: Sines D., ISBN:9789604891610
- Book [347]: SOCIOLOGY OF HEALTH, Basic theoretical approaches, Charalampos Oikonomou. Maria Tsakouridou & CO