

<b>SCHOOL</b>	<b>SCHOOL OF HEALTH SCIENCES</b>		
<b>DEPARTMENT</b>	<b>NURSING DEPARTMENT</b>		
<b>LEVEL OF EDUCATION</b>	<b>UNDERGRADUATE</b>		
<b>LESSON CODE</b>	0805.5.002.0	<b>SEMESTER</b>	5 <sup>th</sup>
<b>LESSON TITLE</b>	<b>Maternal and Gynecological Nursing</b>		
<b>SELF-ENDED TEACHING ACTIVITIES</b>		<b>TEACHING HOURS/WEEK</b>	<b>CREDITS</b>
Theory		3	
Tutoring			
Practical Workshop			
Clinical Placement		4	
Total		7	7
<b>COURSE TYPE:</b>	<b>Compulsory</b>		
<b>PREREQUISITE COURSES</b>	None		
<b>LANGUAGE (S) OF INSTRUCTION/ EXAMINATION</b>	Greek		
<b>THE COURSE IS OFFERED TO ERASMUS STUDENTS</b>	None		
<b>ELECTRONIC COURSE PAGE</b>	<a href="https://eclass.hmu.gr/courses/NURS201/">https://eclass.hmu.gr/courses/NURS201/</a>		
<b>Learning Results</b>			
<p>After completing the course students will be able to:</p> <ul style="list-style-type: none"> <li>• know all the conditions for having a healthy child,</li> <li>• know the function of the female reproductive system and the diseases of this system as well as the physiology and pathology of pregnancy and childbirth,</li> <li>• plan and implement appropriate nursing interventions in cases of diseases of the female genital system, in pregnancy and childbirth,</li> <li>• raise awareness and acquire skills to provide comprehensive care to pregnant, postpartum, and postpartum women, as well as to women with gynecological diseases.</li> </ul>			
<b>General Skills</b>			
<p>Search, analysis and synthesis of data and information, using the necessary technologies</p> <p>Adaptation to new situations</p> <p>Decision making</p> <p>Autonomous work</p> <p>Teamwork</p> <p>Work in an international environment</p> <p>Work in an interdisciplinary environment</p> <p>Generating new research ideas</p> <p>Project planning and management</p>			

Respect for diversity and multiculturalism  
 Demonstrating social, professional, and ethical responsibility and sensitivity to gender issues  
 Exercise criticism and self-criticism  
 Promotion of free, creative, and inductive thinking

Course content - Theory outline	
1st week	Reproductive system.
2nd week	Common problems of women.
3rd week	Sexually transmitted infections.
4th week	Contraceptive methods.
5th week	Anatomy and physiology of pregnancy.
6th week	High risk pregnancy.
7th week	Maternal and fetal nutrition.
8th week	Childbirth process.
9th week	Assessment of the condition of the fetus during labor.
10th week	High risk birth.
11th week	Physiological changes during childbirth.
12th week	Complications during labor.
13th week	Clinical decisions, assessment and planning of pregnancy care.
	<b>Course content – Outline of Tutorial – Practical Workshop – Clinical Placement</b>
	Tour and introduction to the workshop premises. Approach and communication with interest rates. Monitoring and application of nursing skills. Design and implementation of care plans in clinical problems. Follow-up of specialized tests related to interest and the newborn. Monitoring of labor and caesarean section.

TEACHING AND LEARNING METHODS - EVALUATION	
<b>TEACHING METHOD</b>	<ul style="list-style-type: none"> <li>• Lectures using power point software.</li> <li>• Exercises</li> <li>• Student-led learning</li> </ul> Reflecting on clinical experiences. Critical analysis of how to organize and provide nursing care. Discussion in groups. Analysis and student feedback from a clinical patient case. <b>Clinical Placement:</b> in Hospital departments
<b>TECHNOLOGIES OF INFORMATION AND</b>	Slides show using power point software. Showing video in digital form. Using the e-class online platform for storage educational material in digital form, for easy access by students. At the same time, using e-class platform entails frequent communication with the students for actions related to the educational process.

COMMUNICATI ON USE	
TEACHING ORGANIZATION	<b>Activity</b> <b>Lectures (total 13x3hours)</b> <b>Clinical Placement: (total 13x4hours)</b> <b>Total 91 hours</b> <b>Semester Workload: 210</b>
STUDENTS EVALUATION	Written final exam at the end of the semester that will include questions from the theoretical part and the clinical exercise of the course.
<b>RECOMMENDED BIBLIOGRAPHY (into Greek language)</b>	
<p>Νοσηλευτική Μητρότητας-Γυναικολογική Φροντίδα Υγείας Κωδικός Βιβλίου στον Εύδοξο: 94643693 Έκδοση: 1/2020 Συγγραφείς: McKinney Slone Emily, James Rowen Susan, Murray Smith Sharon, Nelson Ann Kristine, Ashwill Weiler Jean ISBN: 9789925576180 Τύπος: Σύγγραμμα Διαθέτης (Εκδότης): BROKEN HILL PUBLISHERS LTD</p>	