

SCHOOL	SCHOOL OF HEALTH SCIENCES		
DEPARTMENT	NURSING DEPARTMENT		
LEVEL OF EDUCATION	UNDERGRADUATE		
LESSON CODE	0805.8.006.0	SEMESTER	8o
LESSON TITLE	PALLIATIVE CARE NURSING		
SELF-ENDED TEACHING ACTIVITIES		TEACHING HOURS/WEEK	CREDITS
Theory		2	
Tutoring			
Practical Workshop			
Clinical placement			
Total		2	4
COURSE TYPE	COMPULSORY		
PREREQUISITE COURSES	NO		
LANGUAGE OF INSTRUCTION/ EXAMINATIONS	GREEK		
THE COURSE IS OFFERED TO ERASMUS STUDENTS	NO		
ELECTRONIC COURSE PAGE	https://eclass.hmu.gr/courses/NURS117/		
Learning results			
<p>The aim of the course is to raise awareness of the meaning of palliative care, for students and to train them in order to deliver this kind of care in every clinical environment.</p> <p>After completing the course students should:</p> <ul style="list-style-type: none"> ● understand the meaning of palliative care and its connection with nursing practice, ● get basic knowledge and skills so as to cover patients' special needs, ● identify the potential of palliative care for patients with different diagnoses, ● identify their needs when they provide care to end-of-life patients or when these patients die, ● follow high principles when facing dilemmas about patient's care, ● provide intensive care in emergency situations and special individual care in chronic symptoms and conditions, ● understand the signs of impending death, ● enhance patients' hope and quality of life, ● understand the needs of the bereaved and implement appropriate interventions. 			
General Skills			

Clinical skills, decision making, exercise of criticism and self-criticism, teamwork, adaptation to new situations, generation of new research ideas, promotion of free, creative, and inductive thinking, autonomous work.

Course content - Theory outline

1st week	The framework and principles of palliative care.
2 nd week	Basic skills for the implementation of palliative nursing.
3 rd week	Encountering death for the first time.
4th week	Palliative care in patients with non-malignant diseases.
5 th week	Health needs assessment and symptom management.
6 th week	Emergencies in palliative care.
7 th week	Hope, quality of life and adaptation to the idea of death.
8 th week	Advance care planning.
9 th week	Spirituality and palliative care.
10 th week	Ethical issues in palliative care.
11 th week	Palliative care in the community.
12 th week	End of life care and Dying Care.
13 th week	Care for the bereaved.

TEACHING AND LEARNING METHODS - EVALUATION

TEACHING METHOD	Lectures using power point software. Case studies.
TECHNOLOGIES OF INFORMATION AND COMMUNICATION USE	Slides show using power point software. Showing video in digital form. Using the e-class online platform for storage educational material in digital form, for easy access by students. At the same time, using e-class platform entails frequent communication with the students for actions related to the educational process.
TEACHING ORGANIZATION	Activity Semester Workload: 120 Lectures (total 13x2 hours) Course Total (26 hours)
STUDENTS EVALUATION	Written final exam.

RECOMMENDED BIBLIOGRAPHY (into Greek language)

- Becker R. Θεμελιώδεις διαστάσεις της ανακουφιστικής φροντίδας στη Νοσηλευτική. Τεκμηριωμένη γνώση και πρακτική. Επιμέλεια έκδοσης Ε. Πατηράκη -Κουρμπάνη, Σ. Κατσαραγάκης, Εκδόσεις Broken Hill 2018.
- Faull C, DeCaestecker S, Nicholson A, Black F. Εγχειρίδιο ανακουφιστικής φροντίδας. Επιμέλεια Γερολουκά Γ, Μπατιστάκη Χ. Εκδόσεις Broken Hill 2017.
- Kinghorn S, Gamlin R. Ανακουφιστική Νοσηλευτική. Αθήνα, Εκδόσεις Βήτα Medical Arts 2004.