

COURSE DESCRIPTION

(1) GENERAL

SCHOOL	Health Sciences		
DEPARTMENT	Nursing		
LEVEL OF STUDIES	Undergraduate		
COURSE CODE	0805.2.010.0	SEMESTER	3 rd
COURSE TITLE	Nursing Physical Examination		
SELF-ENDED TEACHING ACTIVITIES		TEACHING HOURS/ WEEK	CREDIT UNIS (ECTS)
Theory		2	
Coaching School		1	
Total		2	3
COURSE TYPE	Compulsory		
PREREQUISITE COURSES	No		
LANGUAGE OF TEACHING and EXAMINATION	Greek		
THE COURSE IS OFFERED TO ERASMUS STUDENTS	No		
Website	https://eclass.hmu.gr/courses/NURS208/		

(2) LEARNING OUTCOMES

Learning outcomes
<p>The aim of the course is to train students in the nursing clinical assessment of patients and to acquire knowledge and skills that will form the cognitive background for distinguishing problems and risks in order to formulate a nursing diagnosis by system and the patient as a whole as a human entity .</p> <p>After completing the course the student will be able to:</p> <ul style="list-style-type: none"> ● recognize and apply in practice methods of clinical examination of patients ● identify and record pathological findings during the clinical examination of the patient ● record a detailed clinical history from patients ● recognize the necessary instruments used during the clinical examination <p>communicate effectively with the patient and his environment</p>
General Skills
<p>The course aims to acquisition of the following general skills:</p> <ul style="list-style-type: none"> ● autonomous working skills ● provision of independent and critical thinking ● Decision making ● Work in an interdisciplinary environment ● Respect for diversity and multiculturalism ● Demonstration of social, professional and ethical responsibility and sensitivity to gender issues ● Promotion of free, creative and inductive thinking

(3) COURSE CONTENT

1st week	Obtaining a Medical History
2nd week	Clinical Examination Features - Examination Techniques - General Overview - Vital Signs
3rd week	Examination Techniques - Evaluation of symptoms: Skin - Head - Neck
4th week	Examination Techniques - Evaluation of symptoms: Chest - Lungs
5 th week	Examination Techniques - Evaluation of symptoms Cardiovascular System - Peripheral Vascular System
6 th week	Examination Techniques - Symptom Assessment Abdomen
7th week	Examination Techniques - Evaluation of symptoms Breasts - Armpits
8 th week	Examination Techniques - Evaluation of symptoms Female Genital Organs
9th week	Examination Techniques - Symptom Assessment Male Genital Organs - Prostate - Hernias
10th week	Examination Techniques - Evaluation of symptoms Musculoskeletal - Nervous System
11th week	Examination Techniques - Evaluation of symptoms in Childhood and Adolescence
12th week	Clinical Decisions Assessment and Planning
13th week	Clinical Decisions Assessment and Planning

(4) TEACHING and LEARNING METHODS - EVALUATION

TEACHING METHOD	<ul style="list-style-type: none"> • Traditional lectures using PowerPoint software. • Questions and answers for students. • Student-led learning 										
USE OF INFORMATION AND COMMUNICATION TECHNOLOGIES	<p>Use of the e-class electronic platform to store presentations in digital format for easy access by students.</p> <p>Communication with students on issues related to the educational process through the same platform.</p> <p>View video in digital format.</p> <p>Using powerpoint slides.</p> <p>Simulation Practice</p>										
TEACHING ORGANIZATION	<table border="1"> <thead> <tr> <th>Activity</th> <th>Workload of semester</th> </tr> </thead> <tbody> <tr> <td>Lectures</td> <td>39</td> </tr> <tr> <td>Self ended study</td> <td>25</td> </tr> <tr> <td>Preparation, examination</td> <td>26</td> </tr> <tr> <td>Total</td> <td>90</td> </tr> </tbody> </table>	Activity	Workload of semester	Lectures	39	Self ended study	25	Preparation, examination	26	Total	90
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Total	90										
STUDENT EVALUATION	<p>Language of assessment: Greek</p> <p>Method of assessment: 100% from a written final exam</p>										

(5) RECOMMENDED BIBLIOGRAPHY (into Greek language)

<ul style="list-style-type: none"> • Bates' Οδηγός για την κλινική εξέταση και τη λήψη ιστορικού, Bickley Lynn S., Szilagyi Peter G. Εκδόσεις BROKEN HILL PUBLISHER LTD • Κλινική διάγνωση, ιστορικό και φυσική εξέταση, Swartz M., Εκδόσεις ΛΑΓΟΣ ΔΗΜΗΤΡΙΟΣ • Bates' Νοσηλευτικός Οδηγός για την Κλινική Εξέταση και τη Λήψη Ιστορικού Beth Hogan-Quigley, Mary Louise Palm, Lynn Bickley. Εκδόσεις ΚΩΝΣΤΑΝΤΑΡΑΣ
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