

SHORT CV

Michail Zografakis Sfakianakis, RN, MSc, PhD

Associate Professor

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Current Position

Associate Professor, Dept. of Nursing, Hellenic Mediterranean University (HMU), Crete, Greece.

Academic degrees:

- Bachelor Degree in “Nursing” (National and Kapodistrian University of Athens, 1997),
- MSc in “Health Services Management” (National and Kapodistrian University of Athens, 2001) and
- PhD degree in the field of Emergency Care “Severe Adverse Events Outcome in ward critically ill patients using early warning systems” (School of Medicine, University of Crete, 2018).

Academic experience:

He is teaching at undergraduate level courses such as ‘Anatomy’, ‘Physiology’, ‘Emergency and Intensive Care Nursing’ and ‘Clinical nursing assessment’.

He is also the Director of the MSc Program in “Advanced Clinical Practice in Health Sciences”, HMU. He has supervised twelve MSc thesis, and currently he is supervisor of five Doctorate of Philosophy research protocols.

He has been appointed by the Greek Ministry of Health as a member of the national examination committee for the nursing specialty of ‘Emergency and intensive Care Nursing’ in Greece.

Journal Reviewer:

“Nursing Reports”, “International Journal Environmental Research Public Health”, “Signal Vitae”, “Hellenic Journal of Nursing Science”, “PLOS ONE”, “Cureus”.

A brief list of recent publications:

1. Melidoniotis E., Kalogeropoulos K., Tsatsaris A., Zografakis-Sfakianakis M., Lazopoulos G., Tzanakis N., Anastasiou I., Skalidis E. Geospatial epidemiology of Coronary Artery Disease (CAD) treated with Percutaneous Coronary Intervention (PCI) in Crete, Greece. *Geospatial Health*. 2024; 19 (1): 1251. DOI: 10.4081/gh.2024.1251
2. Christodoulakis, A., Zografakis Sfakianakis, M., & Tsiligianni, I. Suggestions for overcoming the barriers to critical thinking in nursing. *Japan Journal of Nursing*

Science, 2023; e12525. <https://doi.org/10.1111/jjns.12525>

3. Giakoumidakis K., Patelarou A., Chatziefstratiou AA., Zografakis-Sfakianakis M., Fotos NV, Patelarou E. 2023 Development and Validation of the CVP Score: A Cross-Sectional Study in Greece. *Healthcare*. 2023; 11(11): 1543. <https://doi.org/10.3390/healthcare11111543>
4. Pantouvaki A., Patelarou E., Kastanis G., Alpantaki K., Zografakis-Sfakianakis M. The effect of an exercise-based rehabilitation programme in functional recovery and prevention of secondary falls after a hip fracture in older adults: A systematic review. *Journal of Frailty, Sarcopenia and Falls*, 2023; 8(2):118-126. <https://doi.org/10.22540/JFSF-08-118>
5. Pantouvaki A., Kastanis G., Patelarou E., Alpantaki K., Kleisiaris C., Zografakis-Sfakianakis M. Greek Translation, Cultural Adaptation and Validation of the Mini Sarcopenia Risk Assessment Questionnaire, to Evaluate Sarcopenia in Greek Elderly at a Hospital Setting. *Nursing Reports*. 2023; 13(1):404-411. <https://doi.org/10.3390/nursrep13010037>
6. Sidiropoulou M., Gerogianni G., Kourti F.E., Pappa D., Zartaloudi A., Koutelekos I., Dousis E., Margari N., Mangoulia P., Ferentinou E., Giga A., Zografakis-Sfakianakis M., Dafogianni C. Perceptions, Knowledge and Attitudes among Young Adults about Prevention of HPV Infection and Immunization. *Healthcare*, 2022; 10:721. <https://doi.org/10.3390/healthcare10091721>
7. Dafogianni C., Mangoulia P., Pappa D., Xanthopoulou P., Koutelekos I., Zografakis-Sfakianakis M., Ferentinou E., Fountouki A., Drakopoulou M., Giga A. et al. COVID-19 Vaccination Intention Associated with Behaviors towards Protection and Perceptions Regarding the Pandemic. *J. Pers. Med.*, 2022; 12:295. <https://doi.org/10.3390/jpm12020295>
8. Patelarou A., Mechili E, Galanis P., Zografakis-Sfakianakis M., Konstantinidis T., Saliadj A., Bucaj J., Alushi E., Carmona-Torres J., Cobo-Cuenca A-I., Aguilera J-A., Patelarou E. Nursing students, mental health status during COVID-19 quarantine: evidence from three European countries, *Journal of Mental Health*, 2021; 30(2):164-169. <https://doi.org/10.1080/09638237.2021.1875420>
9. Spanakis M, Roubedaki M, Tzanakis I, Zografakis-Sfakianakis M, Patelarou E, Patelarou A. Impact of Adverse Drug Reactions in Patients with End Stage Renal Disease in Greece. *International Journal of Environmental Research and Public Health*. 2020; 17(23):9101. <https://doi.org/10.3390/ijerph17239101>
10. Zografakis-Sfakianakis M., De Bree E., Linardakis M., Messaritaki A., Askitopoulou H., Papaioannou A., Aggouridakis P. The value of the Modified Early Warning Score for unplanned Intensive Care Unit admissions of patients treated in hospital general wards. *International Journal Nursing Practice*, 2018; 24(3):e12632